

## ADJUSTABLE WOODWORKING STAND

### ABSTRACT OF THE DISCLOSURE

An adjustable stand includes a leg, a first member secured to the leg, a second member adjustably secured to said first member, and a support member for holding items on the stand, the support member is secured to the second member. A first adjustment mechanism is coupled between the first member and the second member. Movement of the first adjustment mechanism shifts the position of said second member relative to said first member thereby raising or lowering said support member. A retention member is secured between the first member and the second member, the retention member securing the first member to the second member, while allowing at least limited relative movement relative to the first member. A first adjustment mechanism includes a nut threaded on a shaft, bearing against the first tubular member and an anti-rotation lock secured to the shaft and coupled to the first tubular member.